

**Sunday 30th September 2018 10am**

**This race is fully licensed. Licence No: 2018-36187**

Welcome to the Bournville Harriers’ annual Leafy 10k race, a two-lap course run around the streets and parks of Bournville in Birmingham.

A map of the course is available via this link: **http://tinyurl.com/Leafy10k**

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The course will generally be familiar to people who have entered the Leafy in previous years. Please be aware though, that small changes may be made if unavoidable hazards affect the course at short notice or it rains heavily prior to the event. Our course runs alongside a small stream and this has been known to flood the footpath.

There will be no “On the Day” entries as the event has fully sold out to the capacity allowed by our licence. Official transfers can take place on the day at the cost of £2.00. Race numbers and chip timing can be picked up from Registration which opens at 8:00 am. Registration closes at 9:30 am.

**On the day**

Race HQ will be **Rowheath Playing Fields**. http://rowheathpavilion.co.uk/

Address: Heath Road, Bournville Birmingham B30 1HH

Please be aware that as this is a Sunday there will be a church service in the Pavilion itself. **Please do not enter the Pavilion** and keep the noise down around the building.

Parking is free but very limited as the church community and other playing field users (including football players and officials) will all use the car park to the left of the Pavilion (again, if facing from the playing fields). We would encourage our local visitors to walk or cycle, and for those coming from further afield please share lifts if you can and arrive in plenty of time to park appropriately as we want to maintain great relationships with our neighbours to ensure a warm welcome in future years… and people do get a bit upset if their driveways are blocked!

Changing and toilet facilities will be available in the separate Changing Room Block to the right of the Pavilion (facing from the playing fields), along with a block of ‘Portaloos’. Specific changing rooms for Leafy 10K users will be clearly marked. Football matches will also be taking place on the playing fields on Sunday morning and the teams will have their own separate dressing rooms. Please also be aware as runners (and ask any spectators who are joining you) that the football matches will be taking place at the same time as the Leafy 10k; it’s easy to get distracted but try to be aware of the pitches in use and not wander into the middle of a football match!

There are a small number of lockers in the changing block which accept the old-style pound coin, however, runners are advised not to bring items of high value as we cannot guarantee there will be enough lockers for all. There will also be a baggage tent on the main field; our volunteers will label your baggage and it will be kept in the tent free of charge, however, we cannot accept any responsibility for loss or damage.

The pre-race briefing will be given at 9.50am. This will be on Rowheath Playing Fields (opposite the Pavilion) near the Start.

**Safety**

At Bournville Harriers, we take the safety of our runners, supporters and volunteers very seriously. The race is run along park paths and trails, which can be muddy and compacted with leaves, and alongside roads, including a short section alongside the A38 Bristol Road. There are a few roads to cross which will be marshalled so you know where to go. We rely on the goodwill of other road-users, however, cars will have right of way and our marshals have no power to stop traffic, so please be careful and remember that your road safety is your personal responsibility. No PB or race position is worth risking your safety for! All runners are required to follow marshals’ directions at all times. Runners are also reminded to line up at the start appropriately to their usual speed and level of fitness. Headphones are not permitted during the race in accordance with UKA Rules of Competition: https://www.runbritain.com/news/wearing-of-headphones-in-road-races. With the safety of all runners, marshals and passers-by being our prime concern, the course is entirely unsuitable for running with pushchairs, buggies or with dogs. Please print your emergency contact details and any important medical information we would need in case of emergency on the back of your race number.

If you are unwell prior to the race and in any doubt about your fitness to take part then err on the side of caution, as runners we understand the frustration of not being able to take part, but there is always another race! If you feel unwell during the race please alert the nearest marshal who will contact the First Aid team.

**As you finish**

Please help us to quickly process an accurate set of results by ensuring your race number is pinned to the front of your vest and is clearly visible when you cross the finishing line. Remember to have also attached your timing chip to your ankle as shown at registration. Please move through the finishing funnel as quickly as possible once you have crossed the line – there will be people coming in behind you who are also keen to cross that line. At the end of the funnel please return your chip, collect your medal and goody bag before moving away from the finish funnel.

The results will be posted as soon as possible, and the prize-giving will take place ideally no later than 12 noon.

**Prize Categories**

Prizes: First three men, first three women.

Veteran men: first 35-39, 40-44, 45-49, 50-54, 55-59, 60+

Veteran women: first 35-39, 40-44, 45-49, 50-54, 55-59, 60+

1st Unaffiliated Male, 1st Unaffiliated Female

Most Represented Running Club

- All Prizes will be awarded on the basis of the official ‘gun times’.

- Veterans are eligible for open individual prizes.

- Runners will only be awarded one individual prize of the highest prize value. Cash and voucher prizes are considered a higher prize value than non-cash/voucher prizes.

- Age on race day determines age category entitlement.

- Where open prizes are won by veterans, the first veteran to finish in each age category who has not already qualified for an open prize will receive the age group prize.

- The Leafy 10k organisers reserve the right to withhold awarding a prize until the results become official (up to 14 days after the race).

- All prizes and categories listed are subject to amendment.

- Prizes will only be awarded based on the information submitted through the formal entry process. If runners have failed to supply any information relevant to the prize awards, then the data may not be included in the results after the race and they may not receive the relevant prize that could have been eligible for. It is the runners’ responsibility to ensure their entrant data is submitted accurately.

- Any runner falsely claiming a prize through their entry data, by claiming to be someone else, or by any other fraudulent method will result in the prize being withdrawn from them and the runner will be reported to UK Athletics.

- All prizes must be collected within one calendar month of the race day.

**After the Race**

We welcome all our runners to stay to cheer home the rest of the field, soak up the post-race atmosphere and treat yourself to the now legendary Leafy 10k cakes! Proceeds from voluntary donations taken at the refreshment stand will be made to Headway Birmingham and Solihull, a charity who help and support people and their families with acquired brain injury.

If you have any further questions or queries, please check the Leafy10k website or Facebook page. In case of problems, contact info@leafy10k.com. On the day, please speak to our volunteers at the Information Desk or a member of the Leafy 10K crew, who should be easy to spot in hi-viz vests.

We very much look forward to seeing you on Sunday 30th September. Follow us on Facebook, Twitter and Instagram and connect with us using #Leafy10k.

We hope you enjoy the Bournville Leafy 10K!

The Leafy 10k is organised by Bournville Harriers Running Club; we welcome new members! For more details, visit our website http://www.bournvilleharriers.org.uk/, or find us on Facebook or Twitter.

